



Week at a Glance

2019 January 13 - February 16

Week 3

SUNDAY, 1/27/2019

MONDAY, 1/28/2019

TUESDAY, 1/29/2019

WEDNESDAY, 1/30/2019

THURSDAY, 1/31/2019

FRIDAY, 2/1/2019

SATURDAY, 2/2/2019

Breakfast

Cheese Omelet	**Mexican Themed Day**	Pancakes	Breakfast Quiche	Country Style Scramble	Mixed Berry Scone	Biscuits & Gravy
Pumpkin Bread	Breakfast Quesadilla	Breakfast Meat of Choice	Cinnamon Sugar Muffin	English Muffin	Hard Boiled Egg	Scrambled Eggs
Breakfast Meat of Choice	Hash Browns	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Breakfast Meat of Choice	Seasonal Fruit
Seasonal Fruit	Mandarin Oranges	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Banana Half	Hot or Cold Cereal
Hot or Cold Cereal	Hot or Cold Cereal				Hot or Cold Cereal	
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf

Lunch

Baked Paprika Turkey	**Viva La Fiesta**	Maple Ham	Classic Meat Loaf	Eggplant Parmesan	Cajun-Style Pork	Swiss Steak with Gravy
Glazed Acorn Squash	Chicken Fajita	Oven Roasted Red Potatoes	Cheddar Mashed Potatoes	Spaghetti Noodles	Dirty Rice	Buttermilk Mashed Potatoes
Seasoned Brussels Sprouts	Spanish Rice	Country Cabbage	Mixed Vegetables	Seasoned Spinach	Okra and Tomatoes	Herbed Green Beans
Dinner Roll	Fiesta Blend Vegetables	Soda Bread	Dinner Roll	Garlic Bread	Cornbread Muffin	Dinner Roll
Warm Winter Lemon Cake	Sopapillas	Cranberry Chiffon Pie	Caramel Cheesecake	Red Velvet Cake	Apple Custard Square	Chocolate Mousse Pudding
Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage

Dinner

Chef's Choice Pizza	**Andale Arriba!**	Ravioli with Vodka Sauce	BBQ Pulled Pork on a Bun	Patty Melt Sandwich	Turkey Club on Whole Wheat	Chicken and Dumplings
Sautéed Zucchini	Chili Con Carne	Tossed Salad	Baked Beans	Sweet Potato Wedges	Garden Potato Salad	Roasted Fresh Beets
	Potato Wedges	Garlic Breadstick	Seasoned Carrots	Savory Peas	Marinated Cucumbers	
Chocolate Chip Cookie	Peach Pie	Glazed White Sheet Cake	Creamy Gelatin	Berry Brownie	Frosted Angel Food Cake	Heavenly Fruit Salad
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf	Coffee/Tea/Decaf